

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2009

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SENATE BILL 1055

Short Title: Labor/Mandatory Lunch Break. (Public)

Sponsors: Senator Clodfelter.

Referred to: Commerce.

March 31, 2009

1 A BILL TO BE ENTITLED
2 AN ACT AMENDING THE LABOR LAWS OF NORTH CAROLINA TO PROVIDE FOR
3 MANDATORY LUNCH BREAKS FOR EMPLOYEES.

4 The General Assembly of North Carolina enacts:

5 **SECTION 1.** Article 3 of Chapter 95 of the General Statutes is amended by adding
6 a new section to read:

7 "**§ 95-28.4. Mandatory lunch breaks.**

8 (a) The General Assembly finds that, for reasons of general health and safety,
9 employees should be permitted to stop work at least once during the shift or workday for
10 nutritional purposes.

11 (b) The Commissioner of Labor shall adopt rules to provide that, at a minimum, every
12 employer must allow each employee to take at least one work break for a meal during the
13 employee's workday or shift."

14 **SECTION 2.** This act is effective when it becomes law.

