

GENERAL ASSEMBLY OF NORTH CAROLINA

SESSION 1991

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HOUSE BILL 1458

Short Title: Health Care Access Act.

(Public)

Sponsors: Representatives Gamble, Green; H. Hunter, Luebke, and Warner.

Referred to: Rules, Appointments, and Calendar.

June 2, 1992

A BILL TO BE ENTITLED

AN ACT TO ENACT THE HEALTH CARE ACCESS AND COST CONTROL ACT.

Whereas, a healthy economic future for North Carolinians depends in large part upon an educated and healthy workforce that is comprised of persons of all races and socioeconomic groups;

Whereas, many North Carolinians have little or no access to health care due to limited financial resources, unavailability of providers in many communities, and inadequate health insurance coverage;

Whereas, although the responsibility for a healthy citizenry lies primarily with the individual citizen, the State has a responsibility to its citizens to assure that basic and necessary health care services are available and accessible to them; and

Whereas, citizens are entitled to a health service system that is operated efficiently, that provides quality care, and that includes measures for cost containment that assure continual fiscal soundness; Now, therefore,

The General Assembly of North Carolina enacts:

Section 1. Chapter 143 of the General Statutes is amended by adding the following new Article to read:

"ARTICLE 63.

"HEALTH CARE ACCESS AND COST CONTROL ACT.

"§ 143-583. Short title; legislative findings and intent.

(a) This Article shall be known as the Health Care Access and Cost Control Act.

(b) The General Assembly makes the following findings:

- 1 (1) That, although the State has made significant strides in addressing
2 rising health service costs and lack of access to health services, major
3 system deficiencies still exist.
- 4 (2) The number of North Carolinians without access to health services
5 continues to grow at an alarming rate and health service costs continue
6 to rise at a rate well above the rate of inflation.
- 7 (3) Increasing health service costs have had a particularly devastating
8 effect on small businesses, which have been experiencing increases in
9 employee health costs at a rate that far exceeds the rate of inflation.
10 This situation has resulted in a sharp decline in the capacity of
11 employers to provide health care coverage for their employees.
- 12 (4) Improvements in health services, cost control, and quality of care are
13 impeded by the lack of administrative efficiency in the current health
14 care system's structure. This structure has numerous payers and
15 administrators, involves a mass of paperwork, and consumes much of
16 a health care provider's time on nonpatient matters. A single
17 administrative structure could greatly reduce overall administrative
18 costs and increase the amount of time a health care provider would
19 have available for patient care.

20 The General Assembly concludes from these findings that reforms must be systemic,
21 encompassing all major components of health service delivery and finance. Such
22 reforms must also result in appropriate health service coverage for all State residents,
23 promote quality of care, and include effective cost controls.

24 (c) To address the problems described above, it is the intent of the General
25 Assembly to provide for a statewide health care policy and plan to pay the costs of
26 comprehensive coverage for necessary health care services for all residents of North
27 Carolina. The Health Care Access and Cost Control Plan established under Article 68A
28 of Chapter 58 of the General Statutes is based on the following principles:

- 29 (1) Appropriate health services should be available within an integrated
30 system, to all residents of the State, regardless of health condition, age,
31 sex, sexual orientation, race, geographic location, employment, or
32 economic status.
- 33 (2) Health service providers are entitled to a fair compensation for their
34 services in a timely and uncomplicated manner.
- 35 (3) Health service providers should have the freedom to choose their
36 practice setting, but incentives should be provided for them to
37 participate in cost-effective, managed health service settings and in
38 areas where there is a shortage of providers.
- 39 (4) Illness and injury prevention and health promotion programs should be
40 a major part of the health service system.
- 41 (5) Quality of care should be promoted through the establishment of the
42 most effective health services, as determined by those providers
43 trained to make such determinations and by the assurance of
44 acceptable standards for health professionals and facilities.

1 **"§ 143-584. Definitions.**

2 As used in this Article, unless the context clearly requires otherwise, the following
3 definitions apply:

4 (1) 'Commission' means the North Carolina Health Care Access and Cost
5 Control Commission established under this Article.

6 (2) 'Covered service' means a health care service that is necessary and
7 appropriate for the maintenance of health or for the diagnosis or
8 treatment of, or rehabilitation following, injury, disability, or disease,
9 pursuant to the provisions of Article 68A of Chapter 58 of the General
10 Statutes, and pursuant to rules adopted by the North Carolina Health
11 Care Access and Cost Control Commission.

12 (3) 'Fund' means the North Carolina Health Care Access and Cost Control
13 Trust Fund established under this Article.

14 (4) 'Global budget' or 'global health budget' means a comprehensive,
15 binding annual budget for a hospital or a nursing home setting forth in
16 advance the aggregate compensation the hospital or nursing home will
17 receive from the Plan for provision of all covered services. Global
18 budgets shall consist of:

19 a. An operating budget authorized by the Commission to
20 reimburse operating expenses, exclusive of depreciation
21 charges; and

22 b. An annual capital budget setting forth the capital expenditures
23 authorized by the Commission for the provision of insured
24 health services, regardless of whether the source of funds for
25 the capital expenditure is derived from any of the following:

26 1. Accumulated depreciation charges;

27 2. Operating surpluses or retained earnings;

28 3. Expenditure of accumulated fund balances;

29 4. Issuance of bonds, notes, debentures, or other evidence
30 of indebtedness;

31 5. Borrowed funds; or,

32 6. Any other source, including equity capitalization.

33 (5) 'Participating provider' means any individual or institution authorized
34 by the Commission to furnish covered services pursuant to this Article
35 and to rules adopted by the Commission.

36 (6) 'Plan' means the North Carolina Health Care Access and Cost Control
37 Plan established under Article 68A of Chapter 58 of the General
38 Statutes.

39 **"§ 143-585. North Carolina Health Care Access and Cost Control Commission**
40 **established; members, terms of office, quorum.**

41 (a) There is established the North Carolina Health Care Access and Cost Control
42 Commission with the power and duties specified in this Article, including the power and
43 duty to adopt, amend, and repeal rules necessary to carry out this Article and not
44 inconsistent with the laws of the State. The Commission shall be a commission within

1 the Department of Insurance for organizational, budgetary, and administrative purposes
2 only. The Commission shall be responsible for the development, implementation, and
3 administration of the North Carolina Health Care Access and Cost Control Plan in
4 accordance with this Article and with Article 68A of Chapter 58 of the General Statutes.
5 The Plan shall become effective July 1, 1995.

6 (b) The Commission shall consist of 21 members, 12 of whom shall be appointed
7 by the Governor, as follows:

8 (1) Three members who are employers, at least one of whom shall
9 represent a business employing more than 15 persons, and at least one
10 of whom shall represent a business employing 15 or fewer persons;

11 (2) Three members who are employed in North Carolina, at least one of
12 whom shall represent a State employee organization, and at least one
13 of whom shall represent a local government employee organization;
14 and

15 (3) Six members who are health service professionals, at least one of
16 whom shall be a clinical teacher of postgraduate medical training; at
17 least two of whom shall be primary care physicians; and one from each
18 of three of the following professional groups: dentists, physician
19 assistants, licensed nurses, nurse practitioners, hospital administrators,
20 public health care providers, and mental health care providers.

21 Five members shall be as follows:

22 (4) The Commissioner of Insurance;

23 (5) The State Treasurer;

24 (6) The Secretary of Administration;

25 (7) The Secretary of the Department of Human Resources; and

26 (8) The Secretary of the Department of Environment, Health, and Natural
27 Resources.

28 Four members shall be appointed by the General Assembly, two upon the
29 recommendation of the Speaker of the House of Representatives, and two upon the
30 recommendation of the President Pro Tempore of the Senate. The members appointed
31 by the General Assembly shall be citizen representatives who are not employers and
32 who have no direct involvement with government, employee organizations, or the
33 provision of health services. Of the members recommended by the Speaker of the House
34 of Representatives, at least one shall be 65 years of age or older, and of the members
35 recommended by the President Pro Tempore of the Senate, at least one shall be a person
36 who is knowledgeable about the problems of uninsured, low-income persons, or shall be
37 a person whose annual income does not exceed the federal poverty level.

38 (c) When making appointments to the Commission, the Governor and the
39 General Assembly shall ensure that the membership fairly represents the regions of the
40 State and also fairly represents minority persons and women.

41 (d) The terms of the initial members appointed by the Governor shall be
42 staggered as specified by the Governor at the time of appointment, as follows: four shall
43 be appointed for a term of five years, four for a term of four years, and four for a term of
44 three years. Thereafter, all terms shall be for a term of four years each. The terms of

1 the initial members appointed by the General Assembly shall be as follows: one
2 member recommended by the Speaker of the House of Representatives shall serve for a
3 five-year term and the other shall serve a four-year term; one member recommended by
4 the President Pro Tempore of the Senate shall serve a five-year term and the other shall
5 serve a four-year term. Thereafter, members appointed by the General Assembly shall
6 serve for a term of four years each. Members appointed by the Governor or by the
7 General Assembly to fill unexpired terms shall be appointed to serve for the remainder
8 of that term. No member may be appointed to serve more than two consecutive terms.
9 Appointments to fill unexpired terms shall be made by the authority that made the initial
10 appointment. Members whose terms have expired may serve until their successors have
11 been appointed, provided that such service shall not extend more than 90 days beyond
12 the expiration of the term.

13 (e) The Commission shall have the offices of chair and vice-chair, which offices
14 shall each be for a term of two years. The Commission shall elect from its membership
15 persons to serve as chair and vice-chair.

16 (f) The Commission may appoint an executive committee to take such temporary
17 actions on behalf of the Commission as the Commission deems necessary for carrying
18 out its duties and responsibilities under this Article, provided that all such actions shall
19 be subject to final approval by the Commission.

20 (g) Meetings shall be called by the chairperson or by any 11 members. The
21 Commission shall meet at least six times per year. All meetings of the Commission
22 shall be announced in advance and open to the public as required by law.

23 (h) Eleven members of the Commission shall constitute a quorum. The
24 affirmative vote of a majority of the members present at meetings of the Commission
25 shall be necessary for action to be taken by the Commission.

26 **"§ 143-586. Commission; compensation, expenses, office and supplies.**

27 (a) The members of the Commission shall not receive a salary for service on the
28 Commission, but shall receive per diem and necessary travel and subsistence expenses
29 incurred in the course of conducting the Commission's business, and in accordance with
30 G.S. 138-5.

31 (b) The expenses of the Commission, including salaries of staff to the Plan, shall
32 be audited and paid out of the State treasury, in the manner prescribed for similar
33 salaries and expenses in other departments or branches of the State service. To defray
34 such salaries and expenses, a sufficient appropriation shall be made under the Current
35 Operations Appropriations Act in the same manner as made to other departments,
36 commissions, and agencies of the State government.

37 (c) The Department of Insurance shall provide to the Commission office space,
38 furniture, stationery, and other supplies necessary for the Commission to carry out its
39 duties.

40 **"§ 143-587. Powers and duties of the Commission.**

41 (a) The Commission shall have the following powers and duties:

42 (1) Employ and supervise staff to the Plan;

43 (2) Develop a plan of operation;

44 (3) Establish budget and policy guidelines for implementation of the Plan;

- 1 (4) Conduct necessary investigations and inquiries and compel the
2 submission of information, documents, and records the Commission
3 considers necessary to carry out its duties under this Article;
 - 4 (5) Adopt rules necessary to administer the Plan and to administer the
5 Fund;
 - 6 (6) Establish subcommittees or ad hoc committees of the Commission, as
7 the Commission deems appropriate and necessary for the effective and
8 timely conduct of its duties and responsibilities under this Article;
 - 9 (7) Identify the most cost-effective methods of assuring access to
10 comprehensive personal health services to all residents of this State,
11 including increased reliance on primary and preventive care,
12 community-based alternatives to institutional long-term care, and
13 increased emphasis on alternative providers and modes of care;
 - 14 (8) Establish standards and procedures for negotiating and entering into
15 contracts with participating providers under the Plan;
 - 16 (9) Negotiate fee schedules and establish copayments under the Plan;
 - 17 (10) Approve changes in coverage offered by the Plan in accordance with
18 this Article and with Article 68A of Chapter 58 of the General
19 Statutes;
 - 20 (11) Study means of incorporating long-term care benefits into the Plan and
21 report on the progress of such study to the General Assembly and the
22 Governor;
 - 23 (12) Study the feasibility of incorporating into the Plan benefits for
24 necessary dental care, including preventive dental care;
 - 25 (13) Study the feasibility of providing physicians who are under contractual
26 obligation to the State for repayment of professional education loans
27 the option to repay all or part of the loan obligation through service to
28 medically underserved areas in lieu of cash repayment;
 - 29 (14) Report annually to the General Assembly and the Governor on the
30 Commission's activities and recommend any changes in the insurance
31 and health care laws to improve access to and quality of health care for
32 residents of the State;
 - 33 (15) Disseminate to providers of services and to the public, information
34 concerning the Plan and persons eligible to receive benefits under the
35 Plan;
 - 36 (16) Monitor, and evaluate at least annually, the operation of the Plan
37 including, but not limited to, the adequacy and quality of services
38 furnished under the Plan, the cost of each type of service, and the
39 effectiveness of cost containment measures under the Plan; and
 - 40 (17) Conduct other activities the Commission considers necessary to carry
41 out the purposes of this Article.
- 42 (b) The Commission shall study the effect of the following on access to health
43 care, and shall, where appropriate, recommend to the General Assembly actions that
44 need to be taken to mitigate or eliminate the negative effects on access:

- 1 (1) Malpractice insurance premium rates, and the effects of tort reform on
2 premium rates and access to health care;
- 3 (2) The feasibility of authorizing area health education centers to ensure
4 that relief services are available for physicians in underserved areas;
- 5 (3) The feasibility and desirability of increasing the number of mobile
6 health care units providing services to underserved communities;
- 7 (4) Deterioration of the patient-provider relationship and the feasibility of
8 establishing an ombudsman program for helping patients and providers
9 to resolve problems in the relationship.
- 10 (c) In developing the Plan, the Commission shall study and incorporate where
11 practicable such cost containment practices as:
- 12 (1) Managed care;
- 13 (2) Elimination of unnecessary treatments and procedures, including
14 overuse or inappropriate use of technology;
- 15 (3) Elimination of reliance on emergency room services in nonemergency
16 circumstances;
- 17 (4) Simplified and efficient billing practices, including the use of single-
18 form billing and electronic media billing;
- 19 (5) Prior approval of treatments based on diagnoses;
- 20 (6) Limitations on the frequency of changes in rules under the Plan;
- 21 (7) Community rating strategies for equalizing health care costs; and
- 22 (8) The establishment of a fee schedule setting maximum fees
23 reimbursable under the Plan for services provided by individual
24 providers.
- 25 (d) The Commission shall undertake a comprehensive study of the following
26 matters pertaining to the training and availability of health care providers:
- 27 (1) Long-range planning to ensure that the establishment and maintenance
28 of physician training programs provided by medical schools, graduate
29 schools, hospitals, and other institutions, particularly with respect to
30 specialty care training, are based primarily upon anticipated patient
31 need for such services throughout the State;
- 32 (2) The effectiveness of area health education centers, and other
33 institutions that train health professionals, in providing the kinds of
34 training that meet community needs;
- 35 (3) Problems related to the recruitment, training, and retention of health
36 care providers in medically underserved areas; and
- 37 (4) Whether the number of health care providers delivering primary care
38 services under the Plan is sufficient to meet the need for such services,
39 and if insufficient, make recommendations to the General Assembly
40 for increasing the number of available primary care providers.
- 41 (e) The Commission, after providing notice to consumers, policyholders,
42 providers, and all other interested parties, may hold public hearings on any action it
43 proposes to take under this Article.

1 (f) The Commission shall have the power, in the name and on behalf of the Plan,
2 to purchase, acquire, hold, invest, lend, lease, sell, assign, transfer, and dispose of all
3 property, rights, and securities, and may enter into written contracts, all as may be
4 necessary or proper to carry out the purposes of the Health Care Access and Cost
5 Control Act.

6 **"§ 143-588. Executive director and other staff of the Health Care Access and Cost**
7 **Control Plan.**

8 (a) The Commission shall appoint the executive director of the Plan.

9 (b) The executive director shall serve as secretary to the Commission and shall
10 perform such duties in the administration of the Plan as the Commission may assign.

11 (c) The Commission may delegate to the executive director any of its powers,
12 duties, or functions except the adoption, amendment, or repeal of rules, changes in
13 coverage of the Plan, and determination of the availability of funds and their allocation.

14 (d) The Commission may also employ such clerical or other assistance as it
15 deems necessary, and fix the compensation of all persons so employed, including the
16 executive director, such compensation to be in keeping with the compensation paid to
17 the persons employed to do similar work in other State departments. The executive
18 director and other staff employed by the Commission shall be subject to the State
19 Personnel System.

20 **"§ 143-589. North Carolina Health Care Access and Cost Control Trust Fund.**

21 (a) There is established in the State Treasurer's Office the North Carolina Health
22 Care Access and Cost Control Trust Fund which shall consist of the following:

23 (1) All revenues collected from taxes and other sources enacted for the
24 purpose of funding the Plan;

25 (2) All federal payments received as a result of any waiver of
26 requirements granted by the United States Secretary of Health and
27 Human Services under health care programs established under Title
28 XIX of the Social Security Act, as amended; and

29 (3) All moneys appropriated by the North Carolina General Assembly for
30 carrying out the purposes of the Plan.

31 (b) Moneys shall be deposited to the Fund beginning with the 1995-96 fiscal year
32 and shall be used solely for the following purposes:

33 (1) To establish and maintain primary community prevention programs;

34 (2) To pay for covered services rendered by participating providers;

35 (3) To support construction, renovation, and equipping of health care
36 institutions;

37 (4) To cover transportation and communication costs specified in the Plan
38 in accordance with Article 68A of Chapter 58 of the General Statutes
39 and with rules adopted by the Commission; and

40 (5) Other purposes for which funds are appropriated in the Current
41 Operations Appropriations Act.

42 (c) Revenues held in the Fund are not subject to appropriation or allotment by the
43 State or any political subdivision of the State.

1 (d) The Commission shall administer the Fund and shall conduct a quarterly
2 review of the expenditures from and revenues received by the Fund.

3 (e) The Commission may invest the funds of the Plan as authorized by State law.

4 (f) On and after January 1, 1997, the amount of reserves in the Fund at any time
5 shall equal at least the amount of expenditures from the Fund during the entire three
6 preceding months.

7 **"§ 143-590. Fund accounts established.**

8 The following accounts are established in the Fund:

9 (1) The prevention account. Moneys in this account shall be used solely
10 to establish and maintain primary community prevention programs,
11 including selective preventive screening tests not performed as part of
12 routine care;

13 (2) The health services account. Moneys in this account shall be used
14 solely to pay participating providers for covered services rendered in
15 accordance with this Article, with Article 68A of Chapter 58 of the
16 General Statutes, and with rules adopted by the Commission;

17 (3) The capital account. Moneys in this account shall be used solely to pay
18 for the support of the construction, renovation, and equipping of health
19 care institutions; and

20 (4) The communication and transportation account. Moneys in this
21 account shall be used solely to cover the transportation of Plan
22 members from one globally funded institution to another for the
23 provision of services covered under Part I of the Plan and otherwise to
24 effect cooperation and communication between globally funded
25 institutions for the delivery of health care services.

26 **"§ 143-591. Health professional education and training fund established.**

27 (a) There is established in the State Treasurer's Office the Health Professional
28 Education and Training Fund which shall consist of all moneys received from federal
29 health professional training funds. Moneys in the Health Professional Education and
30 Training Fund shall be used by the Commission solely to pay for the education and
31 training of health professionals who contract with the Commission to practice in North
32 Carolina for a minimum of five years immediately upon completion of the minimum
33 requirements for licensure by the State Board of Medical Examiners.

34 (b) During the five year period commencing January 1, 1995, and ending
35 December 31, 1999, the annual amount of State expenditures for the education and
36 training of health professionals shall not be reduced below the level of such
37 expenditures in calendar year 1993."

38 Sec. 2. Chapter 58 of the General Statutes is amended by adding the
39 following new Article to read:

40 **"ARTICLE 68A.**

41 **"NORTH CAROLINA HEALTH CARE ACCESS AND COST CONTROL**
42 **PLAN.**

43 **"§ 58-68-21. Purpose.**

1 The purpose of this Article is to establish a statewide plan to provide comprehensive
2 coverage for necessary health care services to which all residents of North Carolina
3 shall have access. The plan shall be known as the North Carolina Health Care Access
4 and Cost Control Plan.

5 **"§ 58-68-22. Definitions.**

6 As used in this Article, unless the context clearly requires otherwise, the following
7 definitions apply:

8 (1) 'Commission' means the North Carolina Health Care Access and Cost
9 Control Commission established under Article 63 of Chapter 143 of
10 the General Statutes.

11 (2) 'Covered service' means a health care service that is necessary and
12 appropriate for the maintenance of health or for the diagnosis or
13 treatment of, or rehabilitation following, injury, disability, or disease,
14 pursuant to the provisions of this Article and rules adopted by the
15 North Carolina Health Care Access and Cost Control Commission.

16 (3) 'Eligible person' means every person regardless of preexisting
17 conditions of eligibility who is a resident of this State.

18 (4) 'Fund' means the North Carolina Health Care Access and Cost Control
19 Trust Fund established under Article 63 of Chapter 143 of the General
20 Statutes.

21 (5) 'Global budget' or 'global health budget' means a comprehensive,
22 binding annual budget for a hospital or a nursing home setting forth in
23 advance the aggregate compensation the hospital or nursing home will
24 receive from the Plan for provision of all covered services. Global
25 budgets shall consist of:

26 a. An operating budget authorized by the Commission to
27 reimburse operating expenses, exclusive of depreciation
28 charges; and

29 b. An annual capital budget setting forth the capital expenditures
30 authorized by the Commission for the provision of insured
31 health services, regardless of whether the source of funds for
32 the capital expenditure is derived from accumulated
33 depreciation charges; operating surpluses or retained earnings;
34 expenditure of accumulated fund balances; issuance of bonds,
35 note, debentures, or other evidence of indebtedness; borrowed
36 funds; or any other source including equity capitalization.

37 (6) 'Participating provider' means any individual or institution authorized
38 by the Commission to furnish covered services pursuant to this Article
39 and to rules adopted by the Commission.

40 (7) 'Plan' means the North Carolina Health Care Access and Cost Control
41 Plan established under this Article.

42 **"§ 58-68-23. North Carolina Health Care Access and Cost Control Plan**
43 **established; coverage, eligibility, discrimination prohibited.**

1 (a) There is established the North Carolina Health Care Access and Cost Control
2 Plan. The Commission shall administer the Plan in accordance with this Article and
3 with the Commission's powers and duties under Article 63 of Chapter 143 of the
4 General Statutes.

5 (b) The Plan shall consist of two parts, as follows:

6 (1) Part I shall provide coverage for basic health care services to every
7 resident of the State and shall assure adequate quality of and access to
8 all covered health services.

9 (2) Part II coverage may include any treatment or procedure deemed
10 appropriate by the Commission. Part II coverage shall be optional and
11 may be purchased from the Plan or from private insurers. Private
12 coverage under Part II may duplicate coverage provided under Part II
13 of the Plan. Premiums for Part II coverage shall be based on actuarial
14 tables and shall cover all costs associated with Part II coverage based
15 on a statewide community rate. There shall be a 12-month waiting
16 period before providing Part II coverage for preexisting conditions.

17 (c) Eligibility: Persons eligible for Plan benefits are as follows:

18 (1) Every person regardless of preexisting conditions of eligibility who is
19 a resident of North Carolina is eligible to receive benefits for covered
20 services under the Plan. No person eligible for benefits under the Plan
21 who receives covered services from a participating provider may be
22 charged an additional amount for such services.

23 (2) Persons who are not residents of this State but who work in North
24 Carolina may receive benefits under the Plan, including benefits for
25 dependents, if all payments, surcharges, and premiums required to be
26 paid by or on behalf of residents under the Plan have been paid to the
27 Plan by or on behalf of such nonresidents.

28 (3) If a person who is not a resident of this State and is not eligible for
29 Plan benefits pursuant to subdivision (2) of this section receives
30 medical treatment in North Carolina, such person is subordinated to
31 the State of North Carolina for reimbursement from a third-party payer
32 for such medical treatment.

33 (d) Coverage: Every eligible person is entitled to receive benefits under the Plan
34 for any covered service furnished within this State by a participating provider if the
35 service is necessary and appropriate for the maintenance of health or for the diagnosis or
36 treatment of, or rehabilitation following, injury, disability, or disease. Covered services
37 include, but are not limited to, all of the following:

38 (1) Prescription medications, subject to copayment.

39 (2) Ambulatory mental health visits. The Commission shall establish the
40 number of annual visits covered, and may require additional
41 copayments for extended therapy under circumstances determined by
42 the Commission.

43 (3) Treatment in a facility for substance abuse. Admission to a facility
44 shall be limited to one admission per year. After an insured has been

1 admitted three times, a review committee, appointed by the
2 Commission, shall study individual referrals for subsequent
3 admissions.

4 (e) Noncovered services: The following services are not covered under the Plan:

5 (1) Surgery for cosmetic purposes other than for reconstructive surgery.

6 (2) Medical examinations conducted and medical reports prepared for
7 either of the following purposes:

8 a. Purchasing or renewing life insurance; or

9 b. Participating as a plaintiff or defendant in a civil action for the
10 recovery or settlement of damages.

11 (3) Basic care provided in a nursing home. For purposes of this
12 subsection, the term 'basic care' means room and board and other
13 nonmedical services.

14 (f) Duplication of coverage: Notwithstanding any other provision of law,
15 insurers, employers, and other health care benefit plans may offer benefits that do not
16 duplicate coverage that is offered by Part I of the Plan, and may offer benefits that
17 duplicate coverage that is offered under optional Part II of the Plan.

18 (g) Coverage secondary: Coverage and benefits provided under the Plan shall be
19 secondary to any coverage provided under workers' compensation insurance,
20 automobile insurance, or liability insurance.

21 (h) Copayments: Copayments for services under the Plan shall be as determined
22 by the Commission, provided that copayments shall not be required of persons whose
23 income is below two hundred fifty percent (250%) of the federal poverty guidelines, and
24 further provided that no copayments shall be required if such copayments create a
25 barrier to medically necessary care.

26 (i) Nondiscrimination: No participating provider may refuse to furnish services
27 to an eligible person on the basis of race, color, income level, national origin, religion,
28 sex, sexual orientation, or other nonmedical criteria.

29 **"§ 58-68-24. Reimbursement to health care providers.**

30 (a) The Commission shall pay the expenses of participating institutional
31 providers of inpatient services on the basis of global budgets that are approved by the
32 Commission.

33 (b) Each participating institutional provider shall negotiate an annual budget with
34 the Plan to cover the provider's anticipated services for the next year based on past
35 performance and projected changes in factor prices and service levels.

36 (c) Every physician or other participating provider employed by a globally
37 budgeted institutional provider shall be paid through and in a manner determined by the
38 participating institutional provider.

39 (d) The Plan shall reimburse independent providers of health care services on a
40 fee-for-service basis. The Plan shall annually negotiate the fee schedule with the
41 appropriate professional group. The fee schedule shall be applied to health care services
42 rendered by independent providers throughout the State.

1 (e) A participating provider may not charge rates that are higher than the
2 negotiated reimbursement level. A participating provider may not charge separately for
3 covered services under the Plan.

4 (f) A multispecialty organization of participating providers may elect to be
5 reimbursed on a capitation basis in lieu of the fee-for-service basis. Payment on a
6 capitation basis does not include services rendered for inpatient services by participating
7 institutional providers.

8 **"§ 58-68-25. Confidentiality of records.**

9 The confidentiality of communications between a recipient of services under the
10 Plan and the health care provider, and the confidentiality of medical records and
11 communications between the patient and the health care provider, shall remain
12 confidential to the same extent that such records and communications are protected as
13 confidential by other provisions of law of this State."

14 Sec. 3. It is the intent of the General Assembly to provide sources of revenue
15 for deposit into the Health Care Access and Cost Control Trust Fund either by
16 continuing appropriation or by earmarking tax revenues designated by the General
17 Assembly for the purpose of funding the Health Care Access and Cost Control Trust
18 Fund. It is also the intent of the General Assembly to provide funding for the Health
19 Care Access and Cost Control Trust Fund beginning with the 1995-96 fiscal year.

20 Sec. 4. (a) Not later than 30 days after the effective date of this section, the North
21 Carolina Department of Human Resources shall do the following:

- 22 (1) Apply to the United States Secretary of Health and Human Services
23 for all waivers of requirement under health care programs established
24 under Title XIX of the Social Security Act, as amended, that are
25 necessary to enable this State to deposit all federal payments under
26 such programs in the State treasury to the credit of the North Carolina
27 Health Care Access and Cost Control Trust Fund created in this act
28 and amendments thereto and to allow the State to be the supplemental
29 payor of benefits for persons receiving Medicare benefits; and
- 30 (2) Identify any other federal programs that provide federal funds for
31 payment of health care services to individuals. The Department of
32 Human Resources shall comply with any requirements under those
33 programs and shall apply for any waivers of those requirements that
34 are necessary to enable this State to deposit such federal funds to the
35 credit of the North Carolina Health Care Access and Cost Control
36 Trust Fund.

37 (b) The Secretary of Human Resources shall prepare, in cooperation with the
38 State Treasurer, the Office of State Budget and Management, and the Departments of
39 Administration, Insurance, Revenue, and Environment, Health, and Natural Resources,
40 a report identifying and evaluating the probable effects on the quality and costs of health
41 care in this State that would result from requiring that all money that local governmental
42 agencies raise through locally imposed taxes and currently spend for local health care be
43 deposited instead in the North Carolina Health Care Access and Cost Control Trust
44 Fund. The Department of Human Resources shall serve as lead agency and shall

1 provide staff services and office facilities as needed for preparation of the report. The
2 Secretary of Human Resources shall present the report to the President Pro Tempore of
3 the Senate, the Speaker of the House of Representatives, the Joint Legislative
4 Commission on Governmental Operations, and the Fiscal Research Division on or
5 before December 1, 1994.

6 Sec. 5. The Department of Insurance shall prepare and present for
7 consideration and action by the General Assembly all changes to Chapter 58, other than
8 Article 68A of that Chapter, necessary to make relevant sections of Chapter 58 conform
9 to and be consistent with the requirements of the Health Care Access and Cost Control
10 Act and amendments thereto. The Department shall present the recommended changes
11 to the General Assembly upon the convening of the next session following the
12 enactment of the Health Care Access and Cost Control Act.

13 Sec. 6. The Board of Trustees of the Teachers' and State Employees'
14 Comprehensive Major Medical Plan shall prepare and present for consideration and
15 action by the General Assembly all changes to Chapter 135 of the General Statutes
16 necessary to make relevant sections of that Chapter conform to and be consistent with
17 the requirements of the Health Care Access and Cost Control Act and amendments
18 thereto. The Board shall present the recommended changes to the General Assembly
19 upon the convening of the next session following the enactment of the Health Care
20 Access and Cost Control Act.

21 Sec. 7. There is appropriated from the General Fund to the Department of
22 Insurance the sum of two hundred fifty thousand dollars (\$250,000) for the 1992-93
23 fiscal year for allocation to the Health Care Access and Cost Control Commission to
24 carry out the purposes of the Commission authorized under Section 1 of this act.

25 Sec. 8. The Governor and the General Assembly shall make their respective
26 appointments to the North Carolina Health Care Access and Cost Control Commission
27 within 60 days of ratification of this act.

28 Sec. 9. Section 2 of this act becomes effective July 1, 1995. The remainder of
29 this act is effective upon ratification.